

DESERT/HIGH DESERT (3-SEASON) RECOMMENDED EQUIPMENT LIST (2024) [VIEW COLLECTION ON WEBSITE]

GENERAL

HAVERSACK

FIRE KIT

LIGHTER

FERROCERIUM ROD

MAGNIFYING LENS

EMERGENCY TINDER

CHARRING TIN

TINDER POUCH

SHELTER KIT

<u>Poncho</u>

WOOL BLANKET (QUEEN OR TWIN)

PARACORD (25')

#36 BANK LINE (1/4LB.)

WATER KIT

WATER BOTTLE (SINGLE-WALL, NON-INSULATED, METAL)

WATER BOTTLE CARRIER

COTTON SOAURE (5'X5')

BANDANA (2)

WATER DISINFECTION TABS

FOOD KIT

BUSH POT WITH LID

EATING UTENSIL

FIRST AID KIT

TOURNIQUET

EMERGENCY TRAUMA DRESSING

WOUND PACKING GAUZE

EMERGENCY SURVIVAL WRAP

SUNBLOCK

SUNGLASSES

LARGE BRIM HAT

NAVIGATION KIT

COMPASS

PROTRACTOR (1:25,000)

PAGE BEADS
Waterproof Notebook (4"x6" Minimum)
Mechanical Pencil

SIGNAL KIT

SIGNAL PANEL (IF NOT ON <u>Haversack</u> or <u>Bandana</u>) <u>Signal Mirror</u> (If not on <u>Compass</u>) <u>Whistle</u> Headlamp with extra Batteries

TOOL KIT

BELT KNIFE
CHOPPER BLADE
FOLDING SAW
MULTI-TOOL/SWISS ARMY KNIFE
DUCT TAPE
REPAIR NEEDLE

SAFETY

EYE PROTECTION
LEATHER WORK GLOVES
PRESCRIPTION MEDICATIONS (AS APPLICABLE)

OPTIONAL

OVER THE COUNTER MEDS (AS APPLICABLE)
HYGIENE KIT
INSECT REPELLENT
ADDITIONAL CLOTHES

IMPORTANT NOTES:

ALWAYS PLAN FOR BOTH HOT AND COLD TEMPERATURES. DESERT ENVIRONMENTS ARE TYPICALLY VERY HOT DURING THE DAY WITH RAPID TEMPERATURE DROPS OF 30-DEGREES OR MORE AT SUNSET. ADJUST YOUR LAYERED CLOTHING SYSTEM. RAIN IS STILL POSSIBLE, SO A PONCHO IS RECOMMENDED FOR ITS VERSATILITY. IT AN BE USED AS A TARP SHELTER WHEN STATIONARY OR WORN TO PROTECT YOU FROM THE RAIN WHEN MOVING. YOUR DURABLE LAYER SHOULD BE <u>LONG SLEEVES</u> AND <u>LONG PANTS</u> TO PROTECT FROM THE SUN, AND EITHER COTTON OR LINEN TO HELP WITH COOLING DURING THE HOT DAY. IN ADDITION, YOU CAN WEAR A T-SHIRT AND SHORTS UNDER YOUR DURABLE LAYER FOR THOSE TIMES WHENE YOU ARE IN THE SHADE AND WANT TO COOL OFF. <u>WOOL BASE LAYERS</u>, SOCKS, CAP, SCARF, AND GLOVES ARE STILL RECOMMENDED FOR THE COLD NIGHTS.

CHOOSE FOOTWEAR THAT IS LIGHTWEIGHT, BREATHABLE, AND THAT DRIES QUICKLY. LIGHTWEIGHT SHOES AND SOCKS OR <u>sandals</u> are often the best choice in a desert environment. It is recommended to have at least one pair of heavy wool socks that are used only to sleep in.

THIS LIST ASSUMES THAT YOU WILL BE MAKING A BLANKET PACK INSTEAD OF CARRYING A DEDICATED BACKPACK FOR YOUR GEAR, SO A BACKPACK RECOMMENDATION WAS NOT INCLUDED.

RECOMMENDED READING: SURVIVING THE WILD BY JOSHUA ENYART (GRAY BEARDED GREEN BERET)

RECOMMENDED VIEWING: <u>Into the desert</u> with kirsten rechnitz

RECOMMENDED FIELD COURSE: DESERT ADVENTURE COURSE (TBA FOR 2025)

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